BRESCIA at a GLANCE

FOUNDED: 1919
LOCATED: London, Ontario, Canada
AFFILIATED: with Western University
DEGREES: granted by Western University
STUDENT/FACULTY RATIO: 14:1
ENROLMENT: 1,500 full-time students; 200 part-time
ENTRANCE SCHOLARSHIPS: begin at 80% admission average

PROGAMRS

LEADERSHIP STUDIES
ENGLISH
Creativity & Literature
FAMILY STUDIES
Nutrition & Families
FOODS & NUTRITION
Nutrition & Dietetics, Food Science & Technology
FRENCH
French for Teaching
HEALTH SCIENCES
HISTORY
Power in History & Politics
KINESIOLOGY
MANAGEMENT & ORGANIZATIONAL STUDIES
Accounting, Consumer Behaviour, Food Management, Nonprofit Management
PHILOSOPHY
POLITICAL SCIENCE
Power in History & Politics
PRELIMINARY YEAR (FOUNDATION YEAR)
PSYCHOLOGY
RELIGIOUS STUDIES
SOCIOLOGY
Crime & Communities, Criminal Justice, Community Development, Community Development in a Global Context

CHOOSE TO LEAD

LONDON, CANADA | BRESCIA.UWO.CA
EMPOWERED. THAT’S HOW BRESCIA WILL MAKE YOU FEEL.

FROM YOUR FIRST DAY ON CAMPUS, YOU’LL FEEL A GROUNDSWELL OF SUPPORT. IT WON’T COME IN THE WAY OF HAND-HOLDING—YOU DON’T NEED THAT—BUT IT WILL COME IN THE WAY YOU’RE ASKED: WHAT DO YOU THINK? WHAT WOULD YOU DO? WHAT ARE YOUR DREAMS? HOW CAN I HELP? AT BRESCIA, YOU’LL DISCOVER—AND EMBRACE—YOUR OWN BRAND OF BOLD.
EVERYWHERE YOU LOOK AT BRESCIA, YOU’LL SEE WOMEN—EXTRAORDINARY, PHENOMENAL, REMARKABLE WOMEN—IN LEADERSHIP ROLES.
And you’ll be invited, inspired, cheered on, and challenged to join them. Not to imitate them. Not to be just like them. But to develop your own identity. Your own leader character. To become a woman of influence. In your own way. To take your rightful place. To be the person you want to be in the world.

81% of women’s college and university graduates report their institution was “extremely or very effective” in preparing them for future jobs.*

51% of women’s colleges and universities completed graduate degrees vs. 27% of public university alumnae.*

87% of women’s colleges alumnae were more likely to graduate in four years or less compared to 54% of public university alumnae.*

“Brescia was founded to be a student-centred and empowering educational experience for women. That was true nearly 100 years ago, it’s true today, and will continue to be Brescia’s purpose for the next 100 years.”

Dr. Susan Mumm
Brescia University College’s 12th Principal

Brittany Ennis (pictured above with mentor)
FRENCH AND POLITICAL SCIENCE | Caledon, Ontario

At Brescia, I have had many opportunities to gain real-life experience. As part of the Women in Civic Leadership course at Brescia, I was paired with a mentor, the chair of the London Transit Commission. I surveyed 712 university students about their experience on public transit and then reviewed and compiled the results with my mentor. Being able to do research that I could apply is something that most undergraduate students do not get to do. Not only did I do research to better understand transportation safety, but I also created and conducted my own survey. My professors were really supportive of my research, too. With the help of my mentor, I was able to get the city’s interest by having the London Free Press interview me, as well as the local radio station. This experience, and so many others, showed me that Brescia really cares about students and making sure we are prepared for the real world.

“Take your place in history”

*SOURCE: HARDWICK-DAY REPORT
WHEN YOU'RE A STUDENT AT BRESCIA, YOU ARE ALSO A STUDENT AT WESTERN UNIVERSITY. That's because Brescia is affiliated with Western, one of the largest universities in Ontario. You'll truly benefit from the best of both worlds: Brescia's close-knit community and access to all that Western and its other affiliates have to offer. When you graduate from Brescia, your degree will be granted by Western University.

Nicole Willis (pictured right)
COMMUNITY RURAL HEALTH DEVELOPMENT
EXETER, ONTARIO

In high school I was told that you can do all of the research you want, but you should ultimately choose the university that feels like home to you. For me, that was Brescia. When I first set foot on campus, I was welcomed with open arms and knew immediately that this was the place for me. Coming from a small town, I love the tight-knit community at Brescia, where you can establish close relationships with your professors and peers. Initially, I was set on Western's campus, but when I learned that Brescia offers all of the services and supports that main campus does and more, I realized that it really is the ‘best of both worlds.’

Playing on Western's varsity field hockey team was one of the most memorable highlights of my university experience. Being a student-athlete taught me important life skills as well as provided an environment for health and wellness and helped me to build lifelong friendships.

Men Welcomed
Although we're Canada's only women's university, we welcome men on campus. Because of our affiliation with Western, you'll have classes with men. They're also welcome to use our facilities, such as the library and the Mercato.

Brescia Offers:
• 14:1 student/faculty ratio
• Innumerable leadership opportunities
• Exceptional community
  markers through our
  Professional Mentoring Program

Western Offers:
• Close to 200 student clubs and associations
• 46 varsity sports
• One of the largest intramural
  sports programs in Canada

Men Welcomed
Although we're Canada's only women's university, we welcome men on campus. Because of our affiliation with Western, you'll have classes with men. They're also welcome to use our facilities, such as the library and the Mercato.

ENJOY THE BEST OF BOTH WORLDS

O-Week at Western University
DEVELOP YOUR LEADER IDENTITY

BREScia CHALLENGES YOU TO EXPLORE YOUR LEADERSHIP POTENTIAL AND PREPARES YOU TO FACE CHALLENGES THAT EXIST IN OUR WORLD.

We prepare you to lead—with wisdom, justice, and compassion—by first preparing you to lead yourself. That means discovering, understanding, and embracing the values that are most important to you, so that when they are challenged (and they will be challenged), you can clearly give voice to them. We will prepare you to be a woman of influence—in law, in medicine, in government, or wherever you choose to make an impact. So that you can tackle what needs to be tackled and make change where it’s needed most.

Janae Seymour (pictured right)
MANAGEMENT & ORGANIZATIONAL STUDIES, NASSAU, THE BAHAMAS

In high school, I won an essay and speech contest with a large scholarship to attend a college in New York. But I chose Brescia after meeting my future academic advisor when she visited my high school in The Bahamas. I realized Brescia was a place I could call home. I love experiencing Brescia’s small class sizes and close-knit community while still having access to Western University. Brescia is a community that empowers women and encourages us to unlock our potential and take the lead. I’ve learned that being a leader is more than just having authority. It’s about using your knowledge, skills, and experience to motivate and inspire others. It’s about taking initiative. Even if we do not have a formal leadership role, we take on leadership in everyday life. It’s important to have the tools and understanding of what being a leader really means. Brescia makes certain you have that.

“Being a bold leader isn’t about style or about being the one that’s louder than everyone else. It is about the internal, quiet confidence to put yourself out there in the world. I believe anyone can choose to lead in their own way.”

Dr. Marlene Jansen Le Ber
Chair, School of Leadership & Social Change

Major in Leadership

If you aspire to lead, our Leadership Studies degree program will put you at the forefront of leadership learning. By studying leadership, you’ll learn about yourself as a leader and how you interact with others. You’ll come to see how you can help change the world—for the better.
Brescia professors are always exploring new ways of teaching. As a student, you might:

- Learn leadership through an origami frog-folding competition
- Play the game show "Jeopardy" to discuss key concepts
- Role-play job interviews
- Analyze case studies and explore how you might handle a difficult situation
- Design print ads using arts and crafts materials
- Colour a picture to learn about sensory branding

"Being in an environment designed to empower women has encouraged me to dream bigger. I am now open to explore new experiences without being afraid to fail."

Karleen Mason, Class of 2018
Nutrition & Families, Jamaica

Elisa Fitzpatrick (pictured above, center)
FOODS & NUTRITION | GUELPH, ONTARIO

As an incoming, first-year student from a different city, I didn’t know anyone at Brescia. I was grateful for the Soph Peer Mentor program, which pairs upper-year students with first-year students during Orientation Week. I formed some great friendships with a few of the ‘Sophs’ that year and decided to become a Peer Mentor the following year. Being involved as a Brescia Soph Peer Mentor for two years has allowed me to give back and be that role model, support system, and friend to new students that my mentors were to me. It also helped me to build my confidence in being a leader, meeting new people, and creating new connections. I have been involved in numerous other clubs and organizations. Between those at Brescia and access to hundreds more at Western, there are endless opportunities to get involved and join something that interests or inspires you.

“At Brescia, learning is active. Professors don’t just lecture—they invite you into discussions and dialogue. They’ll ask you questions that are destined to make you think. They expect you to have an opinion and speak your mind—even if you don’t agree with them. They’ll teach in unique ways—whatever it takes to make sure you learn what you need to know. Their passion for teaching will inspire you, and their high expectations will become your own. They will become people you never forget.”

SPEAK YOUR MIND
We want to make life easy for you. That’s why we created The Hive, your one-stop shop for all student services. Whenever you need to talk with an academic advisor, financial aid officer, or career advisor, just head to The Hive!

WHEN WE SAY YOUR EDUCATION AT BREScia IS STUDENT-CENTRED, WE MEAN IT.

Students are truly at the core of every decision we make—from program design to curriculum planning to service offerings. Whenever we face tough decisions, we always ask, “What’s best for our students?” Thanks to small class sizes, you will have direct interaction with your professors. If you’re ever struggling, need direction or support—or want to celebrate your achievements—you can count on your professors and academic advisor to be there for you. You are the reason we are here.

“Meeting outside of class is very natural for Brescia faculty and students. It happens because of the relationships we are able to build. We actually know each other’s names and that goes a long way to greeting each other on campus. I am always willing to meet with students because their success is my success. Whenever I can, I want to help guide and coach students.”

Melissa Jean
Associate Professor, Management & Organizational Studies, School of Leadership & Social Change

“I chose Brescia over other institutions because it offered a uniqueness that no other school offered — the opportunity to be surrounded by women who were ready to prove to the world that together we can achieve greatness. From the moment I stepped on campus, I was drawn into a community of people that were willing to help me succeed. Brescia constantly provides opportunities for women to follow their dreams and become great leaders. I was able to partake in trainings and workshops that enabled me to grow and become more confident in my abilities. I was a student representative, coordinated a fashion show, and participated in an experiential learning trip to Japan. These were things I never thought I would be able to do. However, with the help of my peers and mentors, including faculty and staff, I was empowered to try new opportunities. At Brescia, I learned what it means to be bold, strong, and courageous.”

Anita Alabi
(’18) Family Studies, Toronto, Ontario
CULTIVATE YOUR MIND

IT’S IN YOU: THAT SPARK, THAT FIRE, THAT DESIRE TO REALIZE YOUR DREAMS.

Brescia stokes that fire by helping you gain the experiences you need to be whatever you want to be. Because professors and staff actually know you, they can keep their eyes open for opportunities that fit you best—whether that’s an internship, field placement/practicum, or research position. Through our BE International program, you can study abroad for a term or a full year in places like The Netherlands, France, England, Japan, Ireland, or Barbados. We'll help you get where you want to go!

Kamila Redmond
ENGLISH AND FRENCH | LONDON, ONTARIO

My family is made up of a lot of women so our connection to Brescia was instantaneous. Third in my family to attend Brescia, I chose the University College for its close-knit community that promotes strong bonds between students and between students and professors. Brescia’s professors are all so helpful and kind; I could speak to them about anything. They see my potential and encourage me to do things I sometimes did not even consider doing (such as starting Brescia’s Literary Society). Through the challenges I face as a student, I am continually supported by the faculty, my classmates, and the very culture of Brescia, which is warm and accepting. Brescia seems to support success in every aspect. My experience in Brescia’s Literary Society and the Writing Centre was invaluable. There I made friends and learned skills essential to my career path. Overall, the institution has given me a deeper appreciation for learning and the confidence to pursue my ambitions.

Learning to Lead

Through the Francolini Summer Leadership Experience program, Brescia student Grace Wu spent a summer applying what she’s learned in the classroom to a full-time position at Royal Bank of Canada (RBC). Grace, of Chongqing, China, helped to build awareness about RBC Future Launch, a 10-year, $500 million initiative to help youth prepare for the jobs of the future. The experience, she says, “helped me to become the leader I want to be and know I can be.”
FEEL AT HOME

Transitioning to Brescia

Whether you’re coming to Brescia from another country—or across the city—we have programs in place to help your transition:

Orientation Week: “O-Week” at Brescia and Western is action-packed and known for being amazing. You’ll make new friends, participate in fun activities, and get to know both campuses—before classes even start!

Soph Team: This dedicated group of upper-year students will be there with you during O-Week and beyond—to support and guide you through your first year at Brescia.

International Bridging Program: International and out-of-province students will receive guidance on everything from academics to transportation—even where to eat and shop.

Nurture Your Body, Mind, and Spirit

Brescia Campus Ministry is with you on your life’s journey, providing the support and encouragement you need as you discern your life’s direction. We offer a variety of spiritual and leadership opportunities, including pastoral counselling, spiritual direction, and faith exploration. While Brescia is rooted in Catholic faith and tradition, we celebrate diversity of faith. All are welcome.

NO DOUBT ABOUT IT: TRANSITIONING TO UNIVERSITY CAN BE CHALLENGING. YOU CAN COUNT ON US TO DO ALL WE CAN TO HELP YOU FEEL AT HOME.

Our staff and faculty will warmly welcome you and encourage you to get involved. Attending Orientation Week is the perfect way to get off to a great start. Brescia’s Soph Peer Mentor Team (we call them “Sophs”) will be there to enthusiastically greet you and support you. These upper-year mentors are dedicated to helping you—throughout “O-Week” and all during your first year at Brescia.

Moving to London has been one of the greatest experiences of my life. So has being a Residence Assistant at Clare Hall. Balancing the RA position with my academics has never been a challenge because I have the unconditional support of my team and friends. Clare Hall is a home away from home where you will meet lifelong friends. Living in residence is like staying in a five-star hotel for eight months. The rooms are extremely spacious and comfortable. You also get a queen bed, which is rare for a university residence. The food at the Mercato is outstanding. There is so much variety of quality, freshly made food that you will never be bored.

Valeria Robles (pictured right)

NUTRITION & DIETETICS | KITCHENER, ONTARIO

Valeria Robles

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WOMEN FROM AROUND THE WORLD ATTEND BRESCIA.

Brescia students come from around the world—from the Caribbean to Asia, the United States to the United Arab Emirates. You’ll collaborate in the classroom, live side-by-side in residence, and connect through clubs and organizations. While your background, culture, and faith may be different, you’ll share the same desire to receive a student-centred education that leads to a rewarding future.

DISCOVER THE WORLD

WORLD WOMEN FROM AROUND THE WORLD ATTEND BRESCIA.

Even though I was excited to start University, I was nervous too. The Bridging Program at Brescia helped my transition to University and also helped me to meet like-minded people. Christina Lord, the International Program Coordinator who runs the program, has been an incredible mentor to me. Through her, I was able to grow as a student and as a person. I love being involved at Brescia through Bridging, the Orientation Program, and Students’ Council. I have had student leadership opportunities that I would never have had if I had gone anywhere else. The experiences I’ve had here have strengthened who I am. At Brescia, I am surrounded by positive peers, mentors, and professors who encourage me to do my best. Brescia is full of women who want to learn and be educated. I believe ‘Brescia Bold’ is about being a passionate, positive agent of change, a voice for others but, more importantly, having the confidence and courage in my convictions to stand up for myself and others.

Esmé Parnello
NUTRITION & FAMILIES AND DISABILITY STUDIES | MONTREAL, QUEBEC

Success Overseas

Andrea Zheng, a Food Management major from Nanjing, China, wanted to experience other cultures and business markets. Through the BE International Program, she studied in Chiba, Japan; Beijing, China; and at Stenden University in The Netherlands. “It is a global world,” says Andrea, who won an international branding competition at Stenden. “Many companies consider your international experience when you apply for jobs. By studying abroad, you will stand out in your future job search.”

International Opportunities

Through Brescia’s BE International Program, you can enrich your university experience by living and learning in another country. You can choose to spend a few weeks, a term, or a full year studying at one of our partner schools—and earn credits that count toward your degree. Our partner schools include:

- Anton de Kom University
  Suriname, South America
- Ewha Women’s University
  Seoul, Korea
- LaSalle Beaumarchais Institut Polytechnique
  Beaumont, France
- Mary Immaculate College
  Limerick, Ireland
- NHL Stenden University
  The Netherlands
- The University of the West Indies, Cave Hill
  Barbados
- Université Catholique de Lille
  Lille, France
- Wayo Women’s University
  Japan
- Zuyd University
  The Netherlands

Get Connected

The Brescia Student Connector Program pairs incoming international students with “ambassadors” who are upper year students. Your ambassador will help you transition to Brescia and London by answering your questions, sharing experiences, and showing you around. She also will be interested in learning about you and your culture. The two of you will decide how often to meet and what types of activities to do together. You may even have the opportunity to visit her family home in Canada!
Brescia gave me a safe environment in which I could take risks before I begin my career. It’s prepared me for my future by providing me with various opportunities, including a business internship. After my internship, I returned to Brescia better able to make connections between and within classes. I was also able to share real experience in class, which enhanced my learning and also the learning of my peers. Brescia provides experiential learning through many of the courses by creating projects that are presented to real business clients and by studying real business cases. My professors took the time to get to know me and often came to me with opportunities, such as the Just Own It! and W.E. Mean Business conferences at Brescia.

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ACTIVATE YOUR BRAINPOWER

[ACADEMIC PROGRAMS]

Leadership Studies

YOU’LL BE EMPOWERED to develop your skills and leader character. YOU CAN EXPERIENCE the Francolin Summer Leadership Experience and apply skills learned in the classroom to solve a real organisational issue. YOU’RE PREPARED to make positive change in the world around you.

Our graduates lead in business, government, health care, social services, and media. Their job titles include:
- Community Animator, Pillar Nonprofit Network
- Director, Social Media
- Program Coordinator, YMCA
- Financial Advisor/Regional Leader, Edward Jones
- Program Facilitator, Epilepsy Southwestern Ontario
- Candidate, LLB, Dogood Law School

English

YOU’LL BE EMPOWERED to write, edit, teach, or pursue a variety of careers. You CAN EXPERIENCE an academic exchange to England.

You’re prepared to apply your well-developed oral and written communication skills in a workplace or graduate program. Our graduates find rewarding careers in positions such as:
- Leader, Health Public Policy, Calgary Health Region
- Director of Communications, Manulife Financial
- Supervisor, Halton Regional Police Service
- Writer/Editor, Canadian Marketing Association
- Enterprise Account Manager, Microsoft Canada

Focus your studies by choosing the brand new major in Creativity and Literature.

Family Studies

YOU’LL BE EMPOWERED to work in a variety of careers, from mediator to educator. You CAN EXPERIENCE remarkable opportunities, such as a hands-on practicum course, that will prepare you for the real world.

You’re prepared to pursue graduate or professional education in various disciplines. Our graduates’ job titles include:
- Relief Counsellor, Elizabeth Fry Society of Peel-Halton
- Executive Director, Masks on Wheels of Ontario
- Community Facilitator, Muslim Resource Centre
- Sales Representative, Pfizer Canada Inc.

Focus your studies by choosing the Nutrition & Families module, which leads to the post-graduation designation of Professional Home Economist (PHEc).
**Political Science**

**YOU’LL BE EMPOWERED** to work in a variety of careers in areas such as public policy.

**YOU CAN EXPERIENCE** a “Women in Civic Leadership” course where you work alongside a local female leader.

**YOU’RE PREPARED** to pursue graduate work in politics or public administration.

**OUR GRADUATES** succeed in a variety of roles, including:
- Assistant VP, e-Commerce Banking
- President and Founder, Cake Beauty Inc.
- Policy Analyst, OICFA
- Foreign Service Officer, Ministry of Foreign Affairs
- Manager, Investigations, Mutual Fund Dealers Association of Canada
- Director of Communications and Marketing, London Economic Development Corporation

**FOCUS YOUR STUDIES in the new Power in History & Politics, which includes an experiential learning course.**

**Post-Graduate Programs**

- Diploma In Management & Organizational Studies
- Diploma In Nutrition
- Diploma In Dietetic Education & Practical Training

**Management & Organizational Studies**

**YOU’LL BE EMPOWERED** to build a solid business foundation so you can lead boldly.

**YOU CAN EXPERIENCE** working eight to ten months “in industry.”

**YOU’RE PREPARED** to enter your career with well-developed management and leadership skills through your hands-on classroom experiences.

**OUR GRADUATES** succeed in a variety of positions, including:
- Human Resources Manager, First National Bank
- Talent Strategy and Development Specialist, London Health Sciences Centre
- Senior Associate, PricewaterhouseCoopers LLP
- Market Logistics Manager, Procter & Gamble
- Accountant, Auditor, Canada Revenue Agency
- Director of Healthcare,Sysco Food Services Inc.

**FOCUS YOUR STUDIES** by choosing areas such as Accounting, Consumer Behaviour, Food Management, and Nonprofit Management.

**Philosophy**

**YOU’LL BE EMPOWERED** to be influential and persuasive in your career and in your life.

**YOU CAN EXPERIENCE** opportunities to explore fundamental issues, such as justice.

**YOU’RE PREPARED** to pursue a variety of graduate and professional programs.

**OUR GRADUATES** succeed as authors, professors, and counselors. They also hold job titles, such as:
- Lawyer
- Manager, Strategy and Client Services, The Marketing Department
- Coordinator, Global Women’s Initiative Returns to Work Specialist
- Workplace Safety and Insurance Board

**Kinesiology**

**YOU’LL BE EMPOWERED** through one of the most comprehensive programs in Canada.

**YOU’LL EXPERIENCE** kinesiology courses on Western’s campus and electives at Brescia.

**YOU’RE PREPARED** through this flexible degree to pursue professional programs.

**OUR GRADUATES** hold various job titles, including:
- Teacher, Peel District School Board
- Primary Response Worker
- LOFT Behavioural Support Services
- Fitness Professional

**Sociology**

**YOU’LL BE EMPOWERED** to critically evaluate social issues relevant to society.

**YOU’LL EXPERIENCE** researching social issues of interest to you for your capstone course or complete a practicum placement course.

**YOU’RE PREPARED** to think critically and be socially aware for careers related to policing, corrections, courts, law, social services, and policy, or for further research at the graduate level.

**OUR GRADUATES** have gone on to rewarding careers as:
- Vice President, Marketing, Banff Television Network
- Representative to the United Nations, Baha’i International Community
- Assistant Manager, Event Planning, London Convention Centre
- Protection and Custodial Care Support Worker, Chatham-Kent Children’s Services
- Compensation Analyst, IBM
- Probation and Parole Officer, Ministry of Children and Youth Services

**FOCUS YOUR STUDIES** by choosing from modules such as Criminal Justice, Community Development, Community Development in a Global Context, and Crime & Communities.
COMMUNICATION
Excel in oral, written, interpersonal, and group communication skills

CRITICAL THINKING
Rational, informed, independent, and open-minded exploration of issues

INQUIRY AND ANALYSIS
Break down complex issues to arrive at informed decisions

PROBLEM SOLVING
Create and execute strategies to answer questions or achieve goals

SELF AWARENESS AND DEVELOPMENT
 Demonstrate honest and fair reflection and self-evaluation

SOCIAL AWARENESS AND ENGAGEMENT
Engage in and contribute to positive change

VALUING
Make decisions and choose actions based on your principles and values

FROM YOUR COURSE ASSIGNMENTS TO YOUR VOLUNTEER ACTIVITIES, BREScia’s SEVEN COMPETENCIES ARE WOVEN INTO EVERYTHING YOU’LL DO HERE.

What are the Brescia Competencies? They are attributes that make you an effective leader. Skills that help you solve problems. Abilities that enable you to positively impact the world. Brescia Alumnae Lin Yuan-Su explains it best: “What Brescia teaches students is way more than an area of study. When you graduate, you are given wings to fly. Brescia’s Competencies are those wings.”

Emily Murray
CLASS OF 2018 | FAMILY STUDIES & FRENCH FOR TEACHING | PETROLIA, ONTARIO

By attending a women’s-only university, I felt more confident. I felt comfortable to raise my hand and ask questions. I was better able to focus on my studies. There is a sense of unity and empowerment among the students that I feel is unique to a female-only campus. I have been both academically and personally successful because of the smaller nature of the campus and the classes. I was able to get more individualized attention and help from my professors. I truly felt like my professors valued me and wanted me to succeed. This network of support empowered me to step outside my comfort zone and pursue two out-of-province educational opportunities. This was a bold step for me. The personal connection at Brescia was especially helpful in my fourth year as my professors were able to write me personalized reference letters. I will be attending Western’s Faculty of Education with a goal of becoming a high school Family Studies and French teacher.

SET APART

YOURSELF

CORE COMPETENCIES

Emily Murray
(pictured left, right, and below)
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By attending a women’s-only university, I felt more confident. I felt comfortable to raise my hand and ask questions. I was better able to focus on my studies. There is a sense of unity and empowerment among the students that I feel is unique to a female-only campus. I have been both academically and personally successful because of the smaller nature of the campus and the classes. I was able to get more individualized attention and help from my professors. I truly felt like my professors valued me and wanted me to succeed. This network of support empowered me to step outside my comfort zone and pursue two out-of-province educational opportunities. This was a bold step for me. The personal connection at Brescia was especially helpful in my fourth year as my professors were able to write me personalized reference letters. I will be attending Western’s Faculty of Education with a goal of becoming a high school Family Studies and French teacher.

FROM YOUR COURSE ASSIGNMENTS TO YOUR VOLUNTEER ACTIVITIES, BREScia’s SEVEN COMPETENCIES ARE WOVEN INTO EVERYTHING YOU’LL DO HERE.

What are the Brescia Competencies? They are attributes that make you an effective leader. Skills that help you solve problems. Abilities that enable you to positively impact the world. Brescia Alumnae Lin Yuan-Su explains it best: “What Brescia teaches students is way more than an area of study. When you graduate, you are given wings to fly. Brescia’s Competencies are those wings.”

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NEED PROOF THAT BRECIA LISTENS TO ITS STUDENTS? LOOK AT OUR RESIDENCE.

This $31 million facility was created for students by students. They said they wanted big closets; we gave them 2-by-2-metre closets. They said they wanted big beds; we gave them queen-sized ones and even offer some premium king-sized beds now, too. They said they wanted their own sink; they got it—along with Wi-Fi, fridge, desk, and bookshelves. Oh, and room-darkening blinds, heat and AC control, and a window seat with a view (a really, really great view). Live in residence, and you’ll get all of that, too.

LIVE IN LUXURY

Keeping It Green

We built our residence with you and the environment in mind. From highly efficient heating, cooling, and ventilation equipment to thoughtful placement of operable windows, our residence is a shining example of environmentally responsible development. Our commitment to our students and the planet resulted in an environmental rating of Five Green Globes—the highest possible.

“Being able to live in such a wonderful residence made me forget that I was moving away from home. The close-knit environment and supportive community helped make my transition into university a much easier one.”

Vera Chen
Foods & Nutrition, East Gwillimbury, Ontario
ENJOY YOUR FAVOURITES

FOOD FOR THE SOUL

Ask Brescia students what their favorite Mercato foods are and they will likely say, “Everything.” That’s what happens when your Food Services Manager received his training at top culinary programs and his experience as a five-star hotel in Italy and Michelin-starred restaurants in England. But we did manage to get a few students to narrow their favourites to:

- KOREAN BI BIM BAP
- CUBANO SANDWICH
- STUFFED PASTA BAR
- CAPRESE FOCCACIA
- BUILD YOUR OWN TACO SALAD BAR
- MIDDLE EASTERN SALAD BAR
- TANDOORI PIZZA
- WARM APPLE OATMEAL BREAKFAST BAKE
- FRESH FRUIT SMOOTHIES

“Food at Brescia is one-of-a-kind. I love how the Mercato takes care to provide us with healthy meals. You can tell that they really care about the quality of the food, and there are options for everyone.”

Shelby Weaver
Nutrition & Families, Blenheim, Ontario
Brescia’s foundresses, the Ursuline Sisters, were strong women of faith who were committed not only to the development of women, but also to social justice and community service. Their vision and values live on at Brescia. By considering Brescia, you’re considering an education that will do more than prepare you for your own personal success. It will prepare you to create a life that has significance—for yourself, your family, your community, and the world. You’ll grow into a socially responsible citizen—one who leads with wisdom, justice, and compassion.

Choose to Serve
You’ll have many opportunities to be of service to others, including such options as:
- **Community Development Program**: Through course practicum placements, you will apply community development skills in local or international agencies.
- **Girls LEAD (Leadership, Education, and Development)**: Be a counsellor with Girls LEAD and empower young girls to become successful leaders through this unique and fun summer camp.
- **SHEA (Students’ Human Ecology Association)**: Participate in volunteer opportunities directly related to your career interest in nutrition, dietetics, food science and technology, human ecology, and family studies.

Faculty Research
At Brescia, you can bring classroom discussions to life by participating in research—even as an undergraduate. You can work alongside experts, such as Dr. Jamie Seabrook. His research includes examining the link between socioeconomic status and health disparities, and how stress exposure and risk-taking behaviour impact this relationship. Two of his students enjoyed research so much they are now beginning their doctoral studies.

Alexis Bowron (pictured left)
CLAS OF 2018 | NUTRITION & DIETETICS AND FIRST NATIONS STUDIES | LONDON, ONTARIO
My growth and development at Brescia has set the foundation for my future. I have acquired many valuable skills that I believe will set me apart from others. The amazing support from professors and academic advisors has been essential to my success at Brescia. They have motivated me to achieve academic success, volunteer in my community, and gain valuable work experience. Being able to also major in First Nations Studies at Western added a unique dimension to my education and, ultimately, my career path. Now, as I prepare for teacher’s college, I leave Brescia with the confidence and self-assurance required to make a difference. I feel a greater sense of identity of who I am and what I want to accomplish in the future. I am so excited to share my knowledge with students and hopefully inspire them to continue their learning.

YOUR CHANGE
WORLD

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YOUR CHANGE
WORLD
DEFINING YOUR FUTURE

REWARDING CAREERS

Your Brescia education can lead to a fulfilling career, just like it has for:

Emma Hammer-Healy, CLASS OF 2014
Management & Organizational Studies | Financial Analyst, General Dynamics Land Systems-Canada | London, Ontario
“Brescia offers relevant courses and real-world learning opportunities. The small class sizes allow for in-depth discussions and interactive learning.”

Ashlan Potts, CLASS OF 2013
Management and Organizational Studies, Human Resources Management & Leadership
Engagement Associate, Children’s Health Foundation | London, Ontario
“At Brescia, I learned I was part of something bigger than myself, and that motivates me to give back to my community. That’s unique to Brescia.”

Emily Kichler, CLASSES OF 2015 & 2016
BSc Foods & Nutrition, 2015; MSc Foods & Nutrition, 2017
Associate Food Editor, Chatelaine | Toronto, Ontario
“Brescia inspired in me a passion for my work and the drive to continually learn. It taught me that building strong relationships is key to success.”

Hien Ngo, CLASS OF 2016
Sociology | Cadet, London Police Service | London, Ontario
“Brescia provided me with many opportunities to grow as a leader. Brescia has the support, resources, and guidance you need to be successful.”

Allison Brown, CLASS OF 2015
BSc, Foods & Nutrition | Nutrition Specialist (RD), Nestle Canada
“What stays with me about Brescia is the sense of community. From the small classes to the intimate campus, I felt part of an inspiring community.”

Meghan Vollebregt
CLASS OF 2015 | PSYCHOLOGY
FROM GRANTFORD, ONTARIO
CURRENTLY RESIDING IN NEW YORK CITY
PURSUING COMBINED MASTER OF CLINICAL SCIENCE AND DOCTOR OF PHILOSOPHY, WESTERN UNIVERSITY

The leadership opportunities I received at Brescia allowed me to develop a sense of confidence that has served me well in my education and in my life. As a student at Brescia, I had research opportunities and gained the practical knowledge needed to enter the graduate program of my dreams. Brescia helped me develop a sense of confidence that has stayed with me beyond my time at Brescia. I am also very grateful for the connections I developed and still maintain with my professors at Brescia. When I think about my time at Brescia, I remember the personal growth that I experienced over my four years, I remember the kindness and compassion that I was shown from staff, students, and professors, and I remember the ‘sense of home’ I felt while I was on campus.

Mallika Auplish
CLASS OF 2013 | SOCIOLOGY
FROM NEW DELHI, INDIA
CURRENTLY RESIDING IN NEW YORK CITY
PROGRAMME ASSOCIATE, UNITED NATIONS

As a Programme Associate for the United Nations, I provide operational and programmatic support to the U.N. peacekeeping missions across the globe. I’m also working on the Gender Parity Strategy for the Department for Peacekeeping Operations. Brescia prepared me for my career by combining an academically challenging environment with an emphasis on values and leadership and by facilitating holistic development, a thirst for knowledge, and a strong desire to leave a positive imprint on the world.

Brescia is known for being a trailblazer, and I wanted an education that would make me question my opinions and beliefs. What stays with me today is the authenticity and engagement of the community, the brilliance and guidance of my professors, and the warmth of memories.

HELP EXTENDS BEYOND THE CLASSROOM

Careers Support
To help you along your career journey, our Student Life Centre offers workshops, events, programs, and tools, including:
- Career Appointments
- Career Peers
- Classroom to Career Workshop Series
- Curricular Career Support
- Professional Mentoring Program

Help is Here
If you get off track at Brescia, we have the resources to help get you right back on. Our CARE Program, for example, connects you to services and supports before difficulties become overwhelming. If you face significant, complex life circumstances, our Case Management Services will provide confidential care, coordination, and support. If you feel stress about your career path, meet one-on-one with a Career Advisor at the Student Life Centre or a Career Peer, an upper-year student leader who is trained to provide on-the-spot resume, cover letter, and LinkedIn profile reviews.

WONDERING WHERE YOUR BRESCEA EDUCATION WILL TAKE YOU IN THE FUTURE? WHEREVER YOU WANT TO GO.

When you graduate from Brescia, you’ll join an impressive alumnae network—women who are extraordinary people as well as extraordinary leaders. They live, work, lead, and learn all over Canada—and the world. Here are just a few of our inspiring graduates and the positions they hold. Imagine yourself among them.
Applying to Brescia

All the information you need to apply to Brescia is available online at brescia.uwo.ca/admissions. Our regular academic term begins in September, though select programs offer start times in January and May. You can apply to Brescia year-round.

INTERNATIONAL HIGH SCHOOL APPLICANTS
If you are applying to Brescia and/or outside of Canada, you will be evaluated under the admission requirements unique to your country and your area of study. For more information visit; brescia.uwo.ca/admissions/admission_requirements/international_high_schools.

INTERNATIONAL BACCALAUREATE APPLICANTS
Admission requirements for the International Baccalaureate (IB) program are as follows:

- Successful completion of the IB diploma
- A grade total of 24 (bonus points to a maximum of 3) will be awarded for the successful completion of the Extended Essay and Theory of Knowledge

No grade less than 4.

Out-of-year students are granted to students registered in the IB diploma program on the basis of internal grades (a grade total of 24) in the final year of the IB diploma program.

Admission scholarships will be based on final diploma results as follows:

- A two- or three-year IB Diploma program: Admitted on average of 'B' (3.0 GPA)

You may receive a maximum of 3.0 transfer credits for a two-year Diploma program or 5.0 credits for a three-year Diploma program.

From University: If you have a minimum overall average of 70% at your previous accredited university, you will be considered for transfer to Brescia.

We will assess your admission eligibility and your previous course work to determine which credits can be transferred.

Advanced standing may be granted for courses completed at another university with a minimum mark of 60%.

We will assess your application on an individual basis and can transfer a maximum of 10 courses.

Transfer credit is subject to department approval.

INTERNATIONAL TRANSFERRING TO BRESICA
From College: To be considered for admission, you must have:

- Completed or are currently completing the first year of a General Arts and Science, Pre-Health Science, or Human Services Foundation Certificate program with a minimum overall average of 'B' (3.0 GPA)

Completed or currently completing a one-year or three-year CAAT Diploma program with a minimum overall average of 'B' (3.0 GPA)

Have the necessary prerequisite requirements in math or science, depending on the program to which you apply. Please contact our Admissions team for more information if you are applying to Family Studies (BSc), Foods & Nutrition, Kinesiology, or Management & Organizational Studies.

To be considered for potential transfer credits, you currently completing or have already completed:

- A two- or three-year CAAT Diploma program

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OUT-OF-PROVINCE HIGH SCHOOL APPLICANTS
If you’re applying from a Canadian province outside of Ontario, you must present admission requirements specific to your province. Conditional offers are extended if you have a minimum of a 70% end-of-year average, although limited enrollment programs may require higher admission averages.

Your admission average is calculated based on your best academic courses, including English. Some programs may require background in math and/or science. Please connect with our Admissions Office to confirm your eligibility.

For more information, visit our web site at brescia.uwo.ca/admissions/admission_requirements/out_of_province_high_school.

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Admission requirements for the International Baccalaureate (IB) program are as follows:

- Successful completion of the IB diploma
- A grade total of 24 (bonus points to a maximum of 3) will be awarded for the successful completion of the Extended Essay and Theory of Knowledge

No grade less than 4.

Offer of early admission is granted to students registered in the IB diploma program on the basis of internal grades (a grade total of 24) in the final year of the IB diploma program.

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E: brezia@uwo.ca | T: 519.858.5151

LEARN MORE ON OUR WEB SITE OR CONTACT OUR ADMISSIONS OFFICERS
W: BRESICA.UWO.CA/ADMISSIONS | E: BRESCIA@UWO.CA | T: 519.858.5151

OUAC Code
Min. Admission Avg.*
Available Concentrations of Study
Ontario High School Requirements

| Faculty & Schools | EBA | 79% | English Language & Literature; French Language & Literature; History; English for Teaching | BSc, BEd, BScH, BSc(Eng) | ENG4U | Dual Degree HBA—Arts & Humanities

| Faculty & Schools | BA: EBF | 79% | Family Studies; Financial Communities; Nutrition & Family | BEd, BScH; SCH4U recommended for Nutrition & Family | ENG3U | BSc, BEd, BScH, MSc, MSc(Hons) in MFT, BH recommended for BSc

| Faculty & Schools | EBH | 79% | Nutrition & Dietetics; Foods & Nutrition; Foods Science & Technology; Foods & Nutrition Dual Degree HBA—Apply for Food Science and Technology | BEd, BSc, BSc(Hons), MSc(Hons) recommended | BEd, BSc, BEd, BSc(Hons), MSc(Hons) recommended for Food Science and Technology

| Faculty & Schools | EBW | 85% | Life, Health Sciences | ENG4U; BEd, BSc(Hons), MSc, MSc(Hons) recommended | BEd, BSc(Hons), MSc(Hons) recommended for Food Science and Technology

| Faculty & Schools | EBP | 85% | Life, Kinesiology | ENG4U; BEd, BSc, BSc(Hons), MSc(Hons) recommended | BEd, BSc, BSc(Hons), MSc(Hons) recommended for Food Science and Technology

| Faculty & Schools | EBO | 79% | Leadership Studies; apply under Social Sciences | ENG4U | BEd, BSc, BSc(Hons), MSc(Hons) recommended for Food Science and Technology

| Faculty & Schools | EBD | 79% | Accounting; Food Management; Consumer Behaviour; Human Resource Management | ENG4U; BEd, BSc, BSc(Hons), MSc(Hons) recommended for Food Science and Technology

| Faculty & Schools | EBO | 79% | Community Development in a Global Context; Community & Criminal Justice; Criminal Justice | ENG4U; MSc, MSc(Hons) recommended for some Psychology programs | ENG4U; MSc, MSc(Hons) recommended for some Psychology programs

| Faculty & Schools | EBC | 70% based on entire high school transcript | Pre-university course in Biology; French; Chemistry; Geography; Physics; English; History; Sociology; Foods & Nutrition; Leadership; Spanish; Mathematics; Writing | ENG4U

**Admission averages are based on the 2018 admissions cycle. Applicants who meet the minimum average are not guaranteed admission.

iewbook | 33

for Ontario High School Students

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WE’RE COMMITTED TO PROVIDING THE FINANCIAL ASSISTANCE YOU NEED TO MAKE YOUR BRESCIA EDUCATION AFFORDABLE. IN FACT, WE’RE KNOWN FOR OUR OUTSTANDING SCHOLARSHIP PROGRAM. MOST OF OUR SCHOLARSHIPS ARE AUTOMATIC AND GUARANTEED.

AUTOMATIC PROGRAM AWARDS

- Arts & Humanities Scholarship: $1,000
  - Entrance Year 1 on Arts & Humanities program
  - Minimum 85% average during studies at Brescia
  - Automatically awarded upon offer of admission
- Brescia Merit Entrance Scholarship: $1,500
  - Minimum 75% average during studies at Brescia
  - Automatically awarded upon offer of admission
- Brescia Entrance Scholarship
- Brescia Faculty Entrance Scholarship: $2,500
  - Minimum 85% average during studies at Brescia
  - Automatically awarded upon offer of admission

SCHOLARSHIPS/ADMISSION-BASED Scholarships

- Courage Leader Award: $1,000
- Students who have faced adversity in their life
- Leaders and community members
- Automatic award based on application

OTHER SCHOLARSHIPS & AWARDS BY APPLICATION

- Community Leader Award: $1,000
- Community leaders who have made a significant impact
- Automatic award based on application

Family Studies, Management & Organizational Studies, Social Sciences Scholarships: $250
- Entrance Year 1 in Family Studies, Management & Organizational Studies, Social Sciences program
- Minimum 80% average during studies at Brescia
- Application required

Brescia SHSM Award: $2,000
- SHSM graduates who have completed SHSM courses
- Application required

Bursaries

- Canadian students who are new to Brescia may apply for a non-repayable entrance bursary of $300 to $2,000

Work Study Program

- Through paid positions on campus, you will receive income and valuable work experience.

OSAP (Ontario Student Assistance Program)

- If you reside in Ontario, you may apply for a student loan and grants.

Money Matters

SCHOLARSHIPS FOR CANADIAN HIGH SCHOOL STUDENTS

<table>
<thead>
<tr>
<th>Scholarship</th>
<th>Number Awarded</th>
<th>Academic Requirements</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Board of Trustees Continuing Scholarship</td>
<td>Three</td>
<td>Full Academic Tuition</td>
<td></td>
</tr>
<tr>
<td>Principal’s Entrance Scholarship</td>
<td>Unlimited</td>
<td>Full Academic Tuition</td>
<td></td>
</tr>
<tr>
<td>Academic Dean’s Entrance Scholarship</td>
<td>85.0–90%</td>
<td>$1,000</td>
<td></td>
</tr>
<tr>
<td>Brescia Faculty Entrance Scholarship</td>
<td>85.0–87.9%</td>
<td>$1,500</td>
<td></td>
</tr>
<tr>
<td>Brescia Entrance Scholarship: For Academic Excellence</td>
<td>85.0–94%</td>
<td>$2,000</td>
<td></td>
</tr>
<tr>
<td>Brescia Merit Entrance Scholarship</td>
<td>85.0–95%</td>
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<th>Scholarship</th>
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<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Principal’s Entrance Scholarship</td>
<td>35+</td>
<td>3.00</td>
<td>$3,500</td>
</tr>
<tr>
<td>Academic Dean’s Entrance Scholarship</td>
<td>31–35</td>
<td>3.00</td>
<td>$3,000</td>
</tr>
<tr>
<td>Brescia Faculty Entrance Scholarship</td>
<td>30–32</td>
<td>3.00</td>
<td>$2,500</td>
</tr>
<tr>
<td>Brescia Entrance Scholarship: For Academic Excellence</td>
<td>28–29</td>
<td>3.00</td>
<td>$2,000</td>
</tr>
<tr>
<td>Brescia Merit Entrance Scholarship</td>
<td>26–27</td>
<td>3.00</td>
<td>$1,500</td>
</tr>
</tbody>
</table>

INTERNATIONAL HIGH SCHOOL STUDENTS

<table>
<thead>
<tr>
<th>Scholarship</th>
<th>Number Awarded</th>
<th>Academic Requirements</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>International Entrance Scholarship</td>
<td>Unlisted</td>
<td>3.50</td>
<td>$3,500</td>
</tr>
<tr>
<td>International Entrance Scholarship</td>
<td>85.0–90%</td>
<td>3.00</td>
<td>$2,500</td>
</tr>
<tr>
<td>85.0–87%</td>
<td>3.00</td>
<td>$2,000</td>
<td></td>
</tr>
<tr>
<td>85.0–84%</td>
<td>3.00</td>
<td>$1,500</td>
<td></td>
</tr>
<tr>
<td>Sister St. Anne Lachance International Student Scholarship</td>
<td>One</td>
<td>80+</td>
<td>$5,000 and a double room in Brescia residence</td>
</tr>
</tbody>
</table>

All scholarships are automatically assessed based on final grades and may continue up to four years.

Tuition & Fees

- Tuition Fees (Full-Time, Canadian Permanent Residence)
  - Preliminary Year: $8,315.70
  - Year 1: $8,315.70

- Tuition Fees (Full-Time, International*)
  - Preliminary Year: $18,721.70
  - Year 1: $33,347.70
  - Year 1 MOS: $37,065.70

*Estimate for tuition fees based on 2018-2019 fees; subject to change.

*For more information on tuition and scholarships, visit: Brescia.uwo.ca/tuition

Amanda Kay (pictured right)

Receiving the Wolfe Family Entrance Scholarship was an incredible honour. The financial support allowed me to be able to solely focus on my studies, my volunteerism, and my commitment to competitive dance, all of which have been integral elements in my acceptance into graduate studies beyond Brescia. I am forever grateful to Brescia for extending this incredible scholarship to me. It demonstrated that Brescia is truly committed to the success of its students and to helping them realize their potential. They understand the realities that students face and continually work to make university education accessible and affordable for women. Attending Brescia for my undergraduate experience was one of the best decisions I have ever made. Brescia is a very special place that has left a lasting impact on my life.

“...felt so blessed to receive the Residence Community Award. It was very encouraging to me that Brescia had scholarships specifically for international students. That told me that Brescia cares about giving people from all over the world equal opportunities to pursue an education.”

Tori Daniels
Kinesiology, Bermuda
**OPEN HOUSES**

Open Houses are a great way to learn more about Brescia

We offer:

**FALL PREVIEW DAY 2018**
Saturday, Nov. 3, 2018

**MARCH BREAK OPEN HOUSE 2019**
Saturday, March 9, 2019

**IMPORTANT DATES**

SEPTEMBER 28 –30, 2018
Ontario Universities Fair
Metro Toronto Convention Centre
Toronto, Ontario | ouf.ca

SUNDAY, NOVEMBER 18, 2018
Campus Tours

JANUARY 16, 2019
Deadline for OUAC 101
(Ontario High School) applications

APRIL 10, 2019
Just Own It: high school entrepreneurship conference | bre西亚.uwo.ca/justownit

MAY 2019
Spring Welcome

JUNE 3, 2019
Deadline for students to accept an offer of admission (to be guaranteed a space in your program of choice)

You can take a campus tour Monday through Friday at 10:30 a.m. and 2:30 p.m. To schedule a tour, contact us at bre西亚.uwo.ca or call 519.858.5151. You also can book a tour online at BRE西亚.UWO.CA

ADMISSIONS/VISIT-US.